



# Mountain Friends

Volume 24, Issue 5

May 2024

FFWNC Club Website: [www.ffwesternnc.org](http://www.ffwesternnc.org)

FFWNC Mailing Address: FFWNC, P.O. Box 384, Hendersonville, NC 28793

FFI Website: <https://friendshipforce.org/>

## President's Message

"It will never get easier.  
What happens is you  
**Handle hard better.**

Make yourself a person  
That handles hard well.

Not someone that's  
Waiting for the easy."

*--Kara Lawson, Duke University Women's Basketball Coach*

Those who know me by sight know that I never played basketball, and with degrees from both UNC Chapel Hill and NC State, I am not a first-up Duke sports fan. Nevertheless, I was caught up in the message heard on television on March 17<sup>th</sup> by Kara Lawson.

April was and May will be hard times for FFWNC. Exciting, immersive, but hard. The club elected to do two inbound journeys within a month of each other. Countless hours of planning, multiple shifts of volunteering for home, dinner, and day hosts for our guests, and a willingness to share our friendships and our area converge to give the Western Michigan and Manitoba groups a remarkable overview into the true mission of FF.

Yes, we struggled to find enough beds, meals, cars, and people to do the job. However, with teamwork and persistence and handling hard better, we did it. **Thank you to the many people who pulled off these inbound victories.** Come May 14<sup>th</sup>, I will feel like we have won the championship! If you are a FF member and have not yet helped with inbound journeys, please consider volunteering next time. It is the center of our FF mission to host journeys, and volunteering defines the purpose of our club.

*In friendship,  
Harriett*

## Next General Meeting – Sunday, May 19<sup>th</sup> – 5:00 – 7:00 pm

We will meet at the Park Avenue Clubhouse, 15 Clubhouse Court, Asheville, NC at 5:00 pm. As usual, this is a pot luck meeting, so please bring a dish to share, along with your own cutlery, plates and drinking glasses.

This meeting will feature highlights from our two upcoming inbound journeys-- Western Michigan in April and the Manitoba Club in May.

## Applications Are Being Accepted for Journey Grants!

Thanks to a generous donation from a member, a grant fund has been established for journey scholarships--\$1,000 for international club-to-club journeys and \$500 for domestic club-to-club journeys. You can download the application [here](#) or from the FFWNC website, found in the “For Members” subtab materials. If downloaded from the website, the Club password is required and can be found on page 1 of the FFWNC 2024 Membership Directory.

The application form is simple to complete, and no personal financial information will be required to apply for these grants. Applicants must have been a FFWNC member for one (1) year and have participated in club service (i.e., served on the Board, served on a committee, helped with journeys, etc.) Applicants may apply once every three years.

A committee of three FFWNC members will review all applications and make award decisions. **Since there is only one outbound journey in 2024 (Romania in September) we are now accepting applications for grants for this trip.**

Grant disbursements will be conditional on finalizing the procedures and documentation needed for IRS compliance for both the club and the grant recipients. These details are nearing completion. However, applications may be submitted now to: Journey Grant Committee, P.O. Box 384, Hendersonville, NC 28793.

This is a wonderful opportunity to assist members with the rising costs of travel. THANK YOU TO THE GENEROUS DONOR!!

## May 16<sup>th</sup> - Happy Hour at Mills River Brewing – 4:30 pm

Plan to attend May’s Happy Hour at Mills River Brewing Company, 336 Banner Farm Road in Mills River. Wine and cocktails are available at the brewery.

## April 18<sup>th</sup> – Happy Hour at Burntshirt in Hendersonville



The picture reflects the happy late afternoon gathering of FFWNC members at Burntshirt. Perfect weather to enjoy friends, beverages and food.

## Inbound Journey from Western Michigan - April 2 - 8, 2024

Despite unusually cold weather, the full Western Michigan itinerary was completed, including almost all the outdoor activities. Special thanks goes to Jan and Ron Partin for opening their home on the spur of the moment for the picnic lunch after the DuPont Hike, so that ambassadors and home hosts could warm up. Journey highlights, as noted by Co-Journey Coordinator Susan Harvey, are:

*It was a busy week but enjoyed by all. Of course a highlight was the Biltmore Estate but we also visited the Arboretum, Carl Sandburg, DuPont State Forest and the Blue Ridge Parkway. The waterfalls of DuPont and Pisgah Forests were showing their stuff, having been fed with the recent rain. We had a beautiful lunch and the spectacular view at Pisgah Inn and enjoyed two group dinners allowing for more mingling and member involvement. We topped off the week in Asheville with a tour of the city and the French Broad Chocolate Factory. We spent the last day at Chimney Rock State Park, then said good-bye to our new friends at the Farewell Dinner. Many thanks to everyone who participated, helped, and made it all happen.*

## Inbound Journey from Manitoba – May 8 -14, 2024

Members, please have a look at the various activities that we have planned for the Canadian ambassadors. Some activities are new to our usual FF inbound journey agenda. All members are welcome to participate in any of the journey activities on a pay-as-you-participate basis for entry fee aspects of the journey. Come join us and see what the heart of FF is all about.

**Detailed Itinerary for Manitoba, May 8-14, 2024** REVISED 4/10/24

*Harriett Hilton and Nancy Wood, Co-Journey Coordinators*

**Wednesday 5/8 Arrival Day**

Ambassadors driving in from Jonesborough, arrive Middleton Place

5:30 Welcome Dinner – Middleton Place, 2001 Middleton Place, Hendersonville

Chicken and Tomato Pie provided, potluck for sides provided by home hosts

**Thursday 5/9**

7:45 Depart Host Home for Biltmore

8:45 Meet at groups sales lot at entrance

9:45 Biltmore House – Timed Entry

11:45 Lunch on own at Biltmore Restaurant of your choosing  
Explore Antler Village, Winery, Biltmore Village as desired

4:00 (or earlier) Return to Host Home

6:00 Club Hosted Dinners

**Friday 5/10**

9:00 Depart Host Home for Asheville

9:50 Meet at Thomas Wolf Home, 52 North Market Street, View film starts at 10am

10:30 Tour Thomas Wolf Home and Museum

11:15 View exhibits

11:45 Guided Group Walking Tour of Asheville

1:00 Lunch on own in Downtown Asheville, Explore city as desired

4:00 Depart Asheville for The Buzz, 225 South Grove St, Hendersonville

5:00 Group Talk on Recovery Services of Hope Coalition by The Buzz Director

6:00 Dinner on own at The Buzz (Enjoy free Music and non-alcoholic drinks) OR explore  
downtown Hendersonville and eat at restaurant of choice

**Saturday 5/11**

8:45 Depart Host Home for Pisgah Forest

9:45 Meet at Cradle of Forestry Center Museum, 11250 Pisgah Highway, Pisgah Forest, NC

10:00 Guided Group Tour of Cradle of Forestry

12:00 Boxed Lunch

1:00 Tour Pisgah area as desired: Looking Glass Falls, Hike to Moore Falls, Blue Ridge  
Parkway: Pisgah Inn, Visitor Center, Folk Art Center OR visit shops in Brevard

5:30 Ambassadors take hosts to dinner

**Sunday 5/12**

FREE DAY with Home Host

6:00 Club Hosted Dinners

**Monday 5/13**

10:00 Depart Host Home for PARI Picnic Area, 1 PARI Drive, Rosman, NC

11:30 Arrive for lunch and explore grounds

1:00 Guided Group PARI Tour

3:00 Return to Hendersonville

6:00 Farewell at Middleton Place

**Tuesday 5/14 Departure Day**

## 2024 Journey Calendar

April 2 - 8 - Western Michigan inbound - COMPLETED!  
*Journey Coordinators: Susan Harvey and Betty Doll*

May 8 - 14 - Manitoba Canada inbound  
*Journey Coordinators: Harriett Hilton and Nancy Wood*

September 7-13 - Sibiu, Romania outbound  
*(Pre and post extensions to be scheduled)*  
*Journey Coordinators: Susan Harvey and Chuck Stevens*

### “Security in a Challenging World: Terrorism, Kidnapping and Emergency Evacuations” (in-person and online)

Jonathan Tetzlaff presented this program at our November 2020 General Meeting. The program provides an opportunity to learn about new travel security suggestions. It is free and can be accessed on line via Zoom, or you can attend in person at the Reuter Center, 300 Campus View Road, Asheville, NC 28804, on the UNC Campus. Here are the details:

#### **Osher Lifelong Learning Institute (OLLI) - Tuesday, May 7th, 7 p.m**

Managing operations in some of the world’s most challenging locations requires an ability to respond quickly and effectively to terrorist incidents, kidnappings, airplane hijackings, and emergency evacuations from countries at war. Real-world case studies reveal the extremely challenging and complex nature of these events and hold lessons that may be surprisingly applicable to our daily lives.

Jonathan Tetzlaff has been involved with international risk management since 1980. Throughout his career, he has managed and consulted on complex situations and problems for government agencies, corporate entities, and educational institutions. Jonathan provides globally-oriented presentations and training to a wide range of organizations, including the U.S. State Department, the University of North Carolina Asheville, the U.S. Army’s Worldwide Long-Range Planners’ Conference, the Conference Board, CISO Executive Summit, Security 500, National Business Aviation Association, the University of Chicago, the International Security Management Association, and the National Defense University.

[Join online via Zoom.](#)

## Upcoming Events

### May

- May 8 – 14<sup>th</sup> - (Wed – Tues) - INBOUND JOURNEY – MANITOBA
- May 13<sup>th</sup> (Mon) Farewell Dinner –6:00 pm - Manitoba Club – Middleton Place Clubhouse, Hendersonville
- May 16<sup>th</sup> (Thurs) – Happy Hour – 4:30 pm – Mills River Brewing Company, 336 Banner Farm Road, Mills River, NC 28759
- May 19<sup>th</sup> (Sun) – General Meeting - 5pm - -Park Avenue Clubhouse, 15 Clubhouse Court, Asheville
- May 20<sup>th</sup> (3rd Mon) – Board Meeting – 10:00 am - IAM

### June

- June 11<sup>th</sup> (Tues) – Board Meeting – 10:00 am – County Extension Office
- June 20<sup>th</sup> (Thurs) – Happy Hour – 4:30 pm - TBD

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*In July – FFWNC Book Club – July 26<sup>th</sup> – Book Selection and Meeting Place to be determined. -- New Book Club members are welcome. For details, contact Gerri Gurbuz. Our book club meets quarterly, on the last Friday of the month in January, April, July and October.*

### May Birthdays and Anniversaries

No May birthdays or anniversaries are in our information base. FFWNC likes to acknowledge your special days. Please let us know, if you wish those dates to be shared with your FFWNC friends.

## FFWNC 2024 General Meetings & Board Meetings Schedule

MEETING DATE	EVENT	TIME	LOCATION
Sunday, Jan. 21	General Meeting	3:00 pm	Middleton Place Clubhouse
Sunday, Mar. 17	General Meeting	5:00 pm	First Congregational Church, 1735 Fifth Ave. West, H'ville
Sunday, May 19	General Meeting	5:30 pm	Park Avenue Clubhouse 15 Clubhouse Court, Asheville
Saturday, July 13	Annual Picnic	12:00 Noon	Mills River Park Pavilion
Sunday, Sept. 15	General Meeting	5:00 pm	To be determined
Sunday, Nov. 17	General Meeting & Election of 2025 Officers	3:00 pm	To be determined
Sunday, Dec. 15	Holiday Party Mtg.	3:00 pm	To be determined
Wed., January 17	Board Meeting	10:00 am	Interfaith Assistance Ministry (IAM)
Tuesday, Feb. 20	Board Meeting	10:00 am	Henderson Cty. Extension Office
Tuesday, Mar 12	Board Meeting	10:00 am	IAM
Tuesday, Apr. 9	Board Meeting	10:00 am	Henderson Cty. Extension Office
Monday, May 20	Board Meeting	10:00 am	IAM
Tuesday, June 11	Board Meeting	10:00 am	Henderson Cty. Extension Office
Tuesday, July 9	Board Meeting	10:00 am	IAM
Tuesday, Aug. 13	Board Meeting	10:00 am	Henderson Cty. Extension Office
Tuesday, Sept. 24	Board Meeting	10:00 am	IAM
Tuesday, Oct. 15	Board Meeting	10:00 am	Henderson Cty. Extension Office
Tuesday, Nov. 12	Board Meeting	10:00 am	IAM
Tuesday, Dec. 17	Board Holiday Party	TBD	TBD

*General Meetings are usually held on the third Sunday of alternate months. Meeting locations vary and will be announced on website posts and in the monthly newsletters.*

*Board Meetings are usually held on the second Tuesday of the month, with some exceptions, as noted above.*

**2024 Calendar Year for FFWNC**  
**(Subject to change, as year progresses)**

<b>FFWNC 2024 Events Calendar</b>	
<p style="text-align: center;"><b>May</b></p> <p><b>5/8-5/14 (Wed – Tues) - INBOUND JOURNEY – MANITOBA</b></p> <p>5/13 (Mon) Farewell Dinner – Manitoba Club – Middleton Place Clubhouse, H’ville</p> <p>5/16 (Thurs) – Happy Hour – 4:30pm TBD</p> <p><b>5/19 (Sun) – General Meeting</b>— 5pm-Park Ave. Clubhouse, 15 Clubhouse Ct., Asheville</p> <p>5/20 ( 3<sup>rd</sup> Mon) – Board Meeting – 10am - IAM</p>	<p style="text-align: center;"><b>June</b></p> <p>6/11 (Tues) – Board Meeting – 10am – Cty Ext Office</p> <p>6/20 (Thurs) – Happy Hour – 4:30pm – Mills River Brewing Company, 336 Banner Farm Road, Mills River, NC 28759</p>
<p style="text-align: center;"><b>July</b></p> <p>7/09 (Tues) - Board Meeting – 10am - IAM</p> <p>7/13 (Sat) – <b>Annual Picnic</b> – Noon – Mills River Park</p> <p>7/18 (Thurs) – Happy Hour – 4:30pm - TBD</p> <p>7/26 (Fri) – Book Club – 1:30pm - TBD</p>	<p style="text-align: center;"><b>August</b></p> <p>8/13 (Tues) - Board Meeting – 10am – Cty Ext Office</p> <p>8/15 (Thurs) – Happy Hour – 4:30pm - TBD</p>
<p style="text-align: center;"><b>September</b></p> <p><b>9/7-9/13 (Sat – Fri) - OUTBOUND JOURNEY - ROMANIA</b></p> <p>9/15 (Sun) - <b>General Meeting</b> – 5-7pm - TBD</p> <p>9/19 (Thurs) – Happy Hour – 4:30pm – TBD</p> <p><b>9/24 (Tues)</b> – Board Meeting – 10 am - IAM</p>	<p style="text-align: center;"><b>October</b></p> <p>10/7-9 (Mon-Wed) – FFI Regional Conference – Milwaukee</p> <p><b>10/15 (Tues)</b> - Board Meeting – 10am – Cty. Ext. Office</p> <p>10/17 (Thurs) – Happy Hour – 4:30pm - TBD</p> <p>10/25 (Fri) – Book Club – 1:30pm – TBD</p>
<p style="text-align: center;"><b>November</b></p> <p>11/12 (Tues) – Board Meeting – 10am - IAM</p> <p>11/17 (Sun) – <b>General Meeting</b> -- Election of 2025 Officers - TBD</p> <p>11/21 (Thurs) – Happy Hour – 1:30pm - TBD</p>	<p style="text-align: center;"><b>December</b></p> <p>12/15 (Sun) – <b>Club Holiday Party</b> – 3-5pm - TBD</p> <p>12/17 (Tues) – Board Holiday Party - TBD</p>





friendship force  
WESTERN  
NORTH CAROLINA

## Membership Application / Renewal

**Send to: Treasurer, FFWNC, P.O. Box 384, Hendersonville, NC 28793**  
(Separate Application per person)

### PLEASE CHECK ONE:

- New Membership w/badge \$57 **per person** \$ \_\_\_\_\_
- Renewal Membership \$45 **per person** \$ \_\_\_\_\_
- Associate (if you are a member of another FFI club and pay that club's full dues) \$15 **per person** \$ \_\_\_\_\_

Name: \_\_\_\_\_ Date of Application \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Year joined FFWNC \_\_\_\_\_ Birthday \_\_\_\_\_ Anniversary \_\_\_\_\_

How did you hear about Friendship Force of Western North Carolina? \_\_\_\_\_

Friendship Force is a volunteer organization. Our success depends upon member participation.

### AREAS YOU ARE WILLING TO SERVE:

\_\_\_\_ Board of Directors or Officer

\_\_\_\_ Committee Chair (i.e., Hospitality, Membership, Publicity, Newsletter)

\_\_\_\_ Journey Coordinator

\_\_\_\_ Hosting – home, dinner, day \*

\*Please visit the FFWNC website at: <https://ffwesternnc.org/being-a-friendship-force-host/>  
to learn about home, dinner and day hosting opportunities.

(Rev. 01/17/24)